

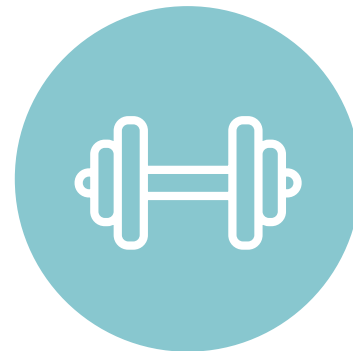


Health Cash Plan



What is a health cash plan?

A health cash plan allows you to claim money back, up to set limits, towards the cost of your essential healthcare, as well as providing access to valuable health and wellbeing services.



Key features

- No medical required before joining
- 1 Year Benefit period from September
- No waiting period
- No limit on number of claims, up to set limits of your cover level
- Pre-existing medical conditions covered for all eligible employees and additional adults (except, Dental Accident)
- Some worldwide cover available
- Children covered up to 22



How to claim



1. Pay for your treatment as normal and remember to keep hold of the receipt



2. Submit your claim online with a picture of your receipt, or send it through the post – up to 26 weeks to claim



3. We'll process online claims within 2 working days and pay the money straight into your account

My Westfield App



The Health Benefits



Claim 100% cost,
up to set limits,
over a 1 year
benefit period



Optical - £100

Helps cover the cost of routine optical care including:

- Eye tests
- Prescription glasses
- Prescription sunglasses
- Contact lenses & solutions for prescribed contact lenses
- Prescription swimming and safety goggles
- Repairs to prescription glasses

Dental - £100

Dental Accident - £200

Claim 100% cost,
up to set limits,
over a 1 year
benefit period

Helps cover the cost of routine dental healthcare including:

- Check ups
- Fillings
- Scale and polish
- Technicians' fees
- Full or partial dentures
- Excludes teeth whitening



Claim 100% cost,
up to set limits,
over a 1 year
benefit period



Therapy Treatments - £250

Claim money back for any one or combination of the following treatments, up to set limits:

- Physiotherapy
- Acupuncture
- Chiropractic
- Homeopathy
- Osteopathy

Chiropody - £75

Helps cover the cost of treatment and advice provided by a qualified Chiropodist/Podiatrist.

- Claim for issues including:
- Toenail problems
- Verrucas, corns and calluses
- Athlete's foot
- Dry and cracked heels
- Bunions
- Or just general advice

Claim 100% cost,
up to set limits,
over a 1 year
benefit period





Specialist Consultations and Diagnostics - £400

Claim money back, up to your plan limits, on visits to private consultants, when referred by your Medical Professional:

- Get seen more quickly
- More choice of doctors

Claim 100% cost, up to set limits, over a 1 year benefit period

Scanning Service

Quick access to high quality MRI, CT and PET scans for fast diagnosis:

- Choose the location and time
- You'll be looked after by our professional team
- MRI and CT scans are unlimited
- PET scans are limited to one per 12 month period

Call the scanning
helpline following a
referral from your
consultant



Flu jabs & Vaccines - £15

You can claim for the flu jab or other inoculations.

Prescription and other charges arising from the administration of inoculation or vaccinations against the following conditions:

- Influenza (flu jab),
- Cholera,
- Diphtheria,
- Hepatitis A or B,
- Malaria, Poliomyelitis, Rabies, Tetanus, Tuberculosis (TB), Typhoid fever, Yellow Fever.



Prescription Charges – 1 per year

Claim back the cost for an NHS or private prescription

charges at the current standard rate for an item in England.



Health Screening/ Assessment - £250



Claim 100% cost,
up to set limits,
over a 1 year
benefit period

Cash back, up to set limits, when you pay for and receive an approved health screening including:

- Full health screening
- Well woman/well man screening
- Breast screening
- Heart disease screening
- Bone density screening (when specifically recommended by your GP)

DoctorLine™

Unlimited 24/7 telephone access to qualified practising UK GPs:

- Call worldwide
- Webcam appointments available
- Arrange appointments and access health and wellbeing advice through the web app
- Have prescription medicines sent to your home, workplace or a nearby pharmacy

Available on
all levels



DoctorLine™

How do I access it?

Telephone consultations are available 24 hours a day. Web consultations are available between 8am-10pm UK time; 7 days a week, except on Christmas Day. You'll be asked for your Westfield Health account number.

DoctorLine™ web app

Click the link below or scan the QR code to open the DoctorLine™ web app.

<https://doctorline.onlinegp.co>



24 Hour Advice and Information Line and online resources

Freephone telephone access to confidential guidance on medical, legal or domestic issues from qualified counsellors, legal advisors and nurses.

Access to the My Healthy Advantage app with online resources, designed to support your health and wellbeing.

Call the
freephone
line 24/7



Available
on all
levels



Face to Face Counselling /Structured Counselling

Included with the 24 - Hour Advice and Information Line is up to 6 sessions of structured counselling:

- If recommended by your telephone counsellor
- Face-to-face, over the phone or video call
- Could be Cognitive Behavioural Therapy



Wisdom

The Wisdom app gives you access to a range of interactive tools and features, helping you track your wellness, improve your mental health and stay resilient during tough times, including:

- Live chat and support
- Personalised homepage
- Interactive mood tracker
- Wellbeing trackers
- Four-week health plans
- Mini health checks
- Breathing techniques



Gym Discounts

Bannatyne
Health Club & Spa

- Over 3000 participating gyms and health clubs in the UK
- Current gym members may transfer their existing membership
- Offers are updated regularly
- Get fit and actively start improving your health!

David Lloyd
CLUBS



Westfield Rewards.

Helping your money go further.

- Discounts and offers at over 1,000 leading online and high street retailers, restaurants and destinations
- Here's a selection of those currently running offers. Offers are subject to change so please check website regularly.

www.westfieldrewards.co.uk



My Westfield

Register for My Westfield to:

- Make a claim
- View your plan documents
- Manage your account
- Access your health and wellbeing services

westfieldhealth.com/my-westfield

Download the mobile apps on the Apple App Store or Google Play





Thank you
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